



The Minot Family YMCA is committed to conducting all of its programs in a safe and enjoyable manner. The safety of participants is held in high regard, and rules and guidelines have been set in place to minimize the risk involved with all activities. However, participants must be informed of and must understand that there is an inherent risk of injury involved with all recreational activities that cannot be logistically eliminated. Please read all sections of this form and initial the corresponding box indicating that you understand their contents.

“By signing below, I assert that I am aware of any and all risks involved with climbing activities. I agree that despite precaution and attention to safety, there is a risk of serious injury beyond total control. Climbing facility policies have been made available to me and I understand that it is my responsibility to familiarize myself with them. I have read and understand the rules of the facility and will abide by these rules as well as any additional instructions from climbing staff at all times.”

INITIAL

“Furthermore, I waive all rights to claims against the Minot Family YMCA should my participation in climbing activities result in any injury to myself/my child. I release the Minot Family YMCA, its staff, its affiliates, and any other participants from liability for any injury, loss, or damages sustained while involved with climbing activities.”

INITIAL

HELMET WAIVER

All individuals taking part in any level of climbing at the Minot Family YMCA are strongly recommended to wear helmets during all activities. Approved helmets will be provided on-site and may be worn during any phase of the climbing experience. While the use of helmets is not mandatory, participants must be aware that the risk of head, neck or back injury is significantly reduced by wearing a helmet.

“At this time I am aware of the position held by the Minot Family YMCA on the use of helmets. I understand that should I elect not to wear a helmet that I am putting myself at greater risk for head, neck or back injury while participating. I release the Minot Family YMCA from any and all responsibility in the event that I choose not to wear a helmet.”

INITIAL

“By signing below I hereby indemnify and hold harmless the Minot Family YMCA from all causes of action, claims, demands, losses and costs accrued to myself/my child as a result of my participation in any climbing activities. I do certify that I am in good health and have no physical limitation which would preclude me from safe use of the climbing wall.”

INITIAL

Parent or Legal Guardian signature is required if under the age of 18

“I, the undersigned, am of legal age (18 years old) and am competent to enter into the aforementioned agreement. I agree to its terms and I understand that they are legally binding.”

Name of Participant (printed)	Birth Date	Male	Female
Name of Participant (printed)	Birth Date	Male	Female
Name of Participant (printed)	Birth Date	Male	Female
Name of Participant (printed)	Birth Date	Male	Female
Name of Participant (printed)	Birth Date	Male	Female
Name of Participant (printed)	Birth Date	Male	Female
Parent's Name (printed)	Signature	Parent's Date of Birth	
Address	City	State	Zip code Phone
Signature of participant or legal guardian		Date	
Emergency Contact		Phone	